

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Des Ingham-Brown**

Has successfully participated & completed the

**5km Prison Break Night Run & Walk #3**

held at Leeuwkop Golf Club.

**TIME 00:30:33**

**PACE 06:06/km**

**OVERALL 16 of 1**

**GENDER 11 of 1**

**40 - 49 3 of 0**

18 September 2019, Wed

Date



*BoutTime*

Signature

